Sannyasa Peeth Pauka Darshan PO Ganga Darshan Munger Bihar 811201, India

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Before completing this Application Form, please note that due to the global pandemic, a new arrival protocol is in place in Ganga Darshan. Please ensure that you can comply with the following:

- 1. You need to have both Covid vaccinations. Please send your vaccination certificate along with this application, without which your application will not be considered.
- 2. You should plan to arrive at the ashram 1 or 2 days prior the start of the training and depart from the ashram within 1 or 2 days after completion of the training.
- 3. You need to come with a negative RTPCR test within 48 hours before arrival at the ashram.

Please fill in this application form in **CAPITAL LETTERS using black ink**. All personal information disclosed here will be treated confidentially. The date for receiving applications with all annexure closes **1 month prior to commencement of the training**. Late and incomplete applications will not be accepted.

All participants are expected to abide by the rules of the ashram, maintain the discipline and also participate in the daily activities and seva. Admission policy is selective and a personal introduction is preferred when accepting applications. The ashram reserves the right of admission to any training, program or event.

The training being applied for is:

Tick	CAPSULE	DATE
	Adhyatma Samskara Sadhana Satra (nationals only)	22 nd January to 30 th January 2023
	Mantra Sadhana Training (for nationals and overseas aspirants)	4 th May to 10 th May 2023
	Jignasu Lifestyle Training (for Jignasu Sannyasa initiates, national and overseas)	4 th May to 10 th May 2023
	Karma Sannyasa Training (for Karma Sannyasa initiates, national and overseas)	20 th June to 26 th June 2023

FOR OFFICE USE ONLY			
2 Photos Aadhaar card / Voter's ID copy (national) Passport copy (overseas)			
Curriculum Vitae (CV) List of current medications Medical report			
Covid Vaccination Certificate Declaration by applicant			
Other:			
Admission letter sent on:			

name:		
itual name (if any):		
e you received diksha / initiation(s)? Y / N If yes, give details:		
Year / Month Place From Who		
ntra		
asu		
na		
rna		
Male Female		
in years: Date of birth: Day Month Year		
ital status: Married Unmarried		
Name and age of husband/wife; name/s and age/s of children, if any:		
nanent address:		
Pin/Zip		
Postal address (if different from permanent address):		
Pin/Zip		
r email ID:		
ne number: Home: Mobile: Work: Work:		
ily contacts: Father: Mother: Other: Other		
are you connected to Satyananda Yoga, or were you referred by someone? Give details:		
ase of emergency, please contact: Name:		
tion:Phone:Phone:		

PERSONAL IDENTIFICATION				
1 5	Present nationality: Nationality at birth:			
	Birthplace: City:			
	Facebook ID: Twitter ID:			
	Drivers license no.:			
	For nationals: Voter ID:			
13.	For Overseas applicants: Passport no			
	Tor Overseus applicants. Lassport no			
	Native language:			
	English proficiency: Fluent Average Poor			
22.	Spoken languages and level of proficiency:			
	EMPLOYMENT & PROFESSION			
23.	Professional qualifications:			
24.	Present occupation/profession:			
	Company name and address:			
	Name of reference:			
	Contact number: Email:			
	ASHRAM EXPERIENCE			
25.	Have you stayed at Munger ashram before? Y / N If yes, list periods of ashram experience:			
	Year Duration Purpose			
	Year Duration Purpose			
	Year Duration Purpose			
26.	Have you visited any other ashram? Y / N If yes, give details:			
	Year Ashram name, location Duration of stay Activity/involvement			

SOCIAL ACTIVITIES		
27.	List your main hobbies and skills:	
28.	Do you prefer solitude or the company of others?	
29.	Are you active in public life in any capacity? Y / N If yes, give details:	
30.	Are you or any member of your family related to any political or religious organizations? Y/N If yes, give details:	
31.	Have you ever been prosecuted for any criminal offence? Y / N If yes, give full details of offence committed and sentence undergone:	
32.	Are you willing to participate in the ashram activities wholeheartedly? Y / N	
33.	List the skills you have to assist with ashram activities (driving / gardening / electrical / musical / IT / computer, etc.):	
34.	My reason and intention for participating in the training is:	
	LIFESTYLE	
35.	List any form of exercise that you do during the week:	
36.	How many days of the week do you exercise?	
37.	Frequency of yoga asana, pranayama practice:days per week.	
38.	Frequency of yoga nidra practice: days per week.	
39.	Frequency of mantra practice:days per week.	

40.	. How many hours per day do you work professionally?Hours.			
41.	. How many hours per night do you sleep? Hours.			
42.	. How many days of the week do you eat non-vegetarian food?			
43.				
44.	Do you have any dietary restrictions? Y / N If yes, give details:			
	MEDICAL DETAILS			
45.	Are you taking any medication/s at present? Y / N If yes, give name and for what condition:			
	a)			
	b)			
	c)			
46.	If you have any current physical health problems, allergies, illnesses or diseases, give full details on a SEPARATE SHEET; including medication being taken, restrictions in and management of the condition, and provide below the contact details and phone number of your doctor in the case of an emergency:			
47.	Have you suffered from any major illness in the past? Y/N If yes, give details:			
	a)			
	b)			
	c)			
48.	Do you have a history of any mental health issues, i.e. anxiety, panic attacks, depression, etc.? Y/N If yes, give details of symptoms, duration, treatment and present condition:			
49.	If you have any current mental or emotional health issues please give full details on a SEPARATE SHEET including medication being taken, restrictions in management of the issue, and provide below the contact details and phone number of your doctor in the case of an emergency.			

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DECLARATION BY THE APPLICANT

- I, the undersigned, declare that the information given in this application is true, complete and accurate to the best of my knowledge.
- 2. I understand that if during the interview and admission procedure it is found that the information given in this form is incorrect, I will not be eligible.
- 3. I understand that proficiency in Hindi / English language is required. If during the interview and admission procedure my Hindi / English is found to be insufficient I will not be eligible.
- 4. I further declare that there are no criminal or civil litigation or charges against me.
- 5. I am solely responsible for my health, welfare and medication while I undergo the training in the campus.
- 6. I am of sound physical, mental and emotional health. If found to be not in good health, I will leave the training and campus for proper medical care.
- 7. In case of any emergency or unforeseen medical situation or treatment, all expenses will be borne by me and I will not hold Sannyasa Peeth liable in any regard in relation to the same.
- 8. I will contribute to and participate in all the activities of the ashram wholeheartedly in the spirit of nishkama seva (service without personal motive).
- 9. During my stay I will lead a life of sanyam (restraint in thought, word and deed), sahayoga (willing cooperation) and shanti (harmony & peace) and follow all the rules of Sannyasa Peeth Campus.
- 10. If I am not able to follow the above, and/or the Administration asks me to leave, I agree to do so at the earliest.

Signed		Date	
Checklist of documents to enclose with this application:			
	2 current passport-size photos		
	Photocopy of Aadhaar card / Voter's ID (national applicant)		
	Photocopy of passport (overseas applicant)		
	Final Covid Vaccine certificate		
	Medical details (including Medical Report or Medical Fitness Certif	icate) if applicable	
	Copy of CV		
	Self-addressed, stamped envelope for Registered Post (national ap	pplicant)	